



For Immediate Release

Contact: David McGarr
dmcgarr@feedingal.org
205-337-9039

Community Food Bank of Central Alabama Distributes Over 21 Million Meals in 2023

BIRMINGHAM, Ala. – March 19, 2023 — The Community Food Bank of Central Alabama (CFB) provided 21.1 million meals in 2023, more than any year in its 40 year history.

Across its 12-county footprint, the Community Food Bank distributed 25.3 million pounds. The number of pounds is an increase of five million pounds in 2023, continuing the commitment to distributing fresh produce, protein, and shelf-stable food items for neighbors facing hunger. Thanks to the work with retail partners, over 11 million pounds of food was reclaimed. This work ensures that neighbors across central Alabama have access to more nutritious options.

“With families continuing to struggle with gas prices, bills, and grocery budgets, the need for food throughout central Alabama has not slowed down,” said Community Food Bank CEO Nicole Williams. “We are proud to have distributed more food in 2023 than in our previous years in operation. However, we know there is still more work to be done to meet the needs of our neighbors facing food insecurity.”

It takes a community to feed our neighbors in central Alabama. In addition to providing 21.1 million meals, volunteerism also exceeded the 2022 numbers. In 2023, 9,502 volunteers partnered with CFB, giving 23,083 hours distributing food boxes, packing boxes, and sorting food items. There are many ways to support neighbors facing hunger. To learn more about accessing food, volunteering, starting a food drive, or donating, visit the Community Food Bank of Central Alabama’s website at www.feedingal.org.

To see all the impact the Community Food Bank made in 2023, check out its [2023 Fast Facts](#).

About the Community Food Bank of Central Alabama

The Community Food Bank of Central Alabama’s mission is to feed people in need today and foster collaborative solutions to end hunger tomorrow. Its mission is accomplished by supplying over 21.1 million meals a year to over 220 food pantries, shelters, and children’s programs in 12 counties across central Alabama (Blount, Calhoun, Cherokee, Clay, Cleburne, Etowah, Jefferson, Shelby, St. Clair, Talladega, Walker, and Winston Counties). More information is available at www.feedingAL.org.

###