



2017

# ANNUAL REPORT



## OUR MISSION

The Community Food Bank of Central Alabama feeds people in need today and fosters collaborative solutions to end hunger tomorrow.



Dear Friends,

In 1982 a small group of committed volunteers worked side by side with the United Way of Central Alabama to open the Community Food Bank's doors - we were the very first food bank in the state. Since then, we have provided millions of meals to, seniors, veterans, and hardworking families who struggle to pay for food and other basic needs like medicine or rent. Today, the demand for our critical services remains high.

In addition to providing emergency meals, we also work to address hunger's root causes so there are fewer children, seniors, and families at risk. We will continue to supply millions of meals per year to our network of over 200 food pantries, shelters, and children's programs in Central Alabama. Where we see a gap in service, we will partner with others to ensure the needs of especially vulnerable populations are met. Our mission is to **feed people in need today AND foster collaborative solutions to end hunger tomorrow.**

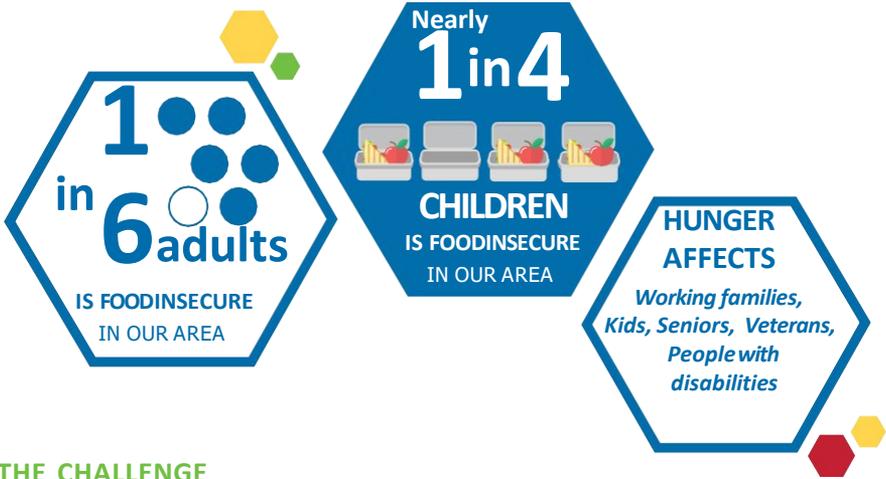
There are nearly a quarter million people in Central Alabama who are food insecure - over 73,000 of whom are children. For many of these children, their school cafeteria meals are the only meal upon which they can rely. Thus, when school is out, these children often go without. The stories of these children inspired the Community Food Bank to extend its Kids Meals Campaign Initiative to include a Summer Meals Program.

This year, our Summer Meals Program provided over 51,000 meals to over 1,100 children at 8 sites across 3 counties. These meals consisted of hearty, nutritious foods as well as locally grown snacks. The kids liked being able to talk about where their fresh blackberries came from and about the farmer who grew them. Their smiles, dripping with purple berry juice, told us that they loved the snack too!

We have also expanded our partnerships to include UAB's Benevolent Fund who helps us provide a pantry stocked with fresh foods for UAB students and employees in need. We continue looking forward to pursuing proactive strategies aimed at addressing hunger's root causes through collaboration. In partnership with such an innovative, generous community, we believe we can meet this challenge and ensure everyone in Central Alabama has the nutritious foods they need to lead healthy, active lives. TOGETHER, We Can Solve Hunger!

Sincerely,

George Bradford  
President



## THE CHALLENGE

Thousands of hardworking Alabamians do not know where their next meal will come from. For the nearly quarter-million food insecure individuals residing in the Community Food Bank of Central Alabama's 12-county service area, putting food on the table every day is a struggle and often means making impossible choices.

For many of these families it means choosing between paying for utilities or food for their children when money is tight. The true face of hunger is a mother working two jobs, seniors on fixed

incomes, children struggling to learn on empty stomachs, a father skipping meals so his children can eat. Hunger is not a problem that we can easily see, perhaps because its stigma causes people to hide their need.

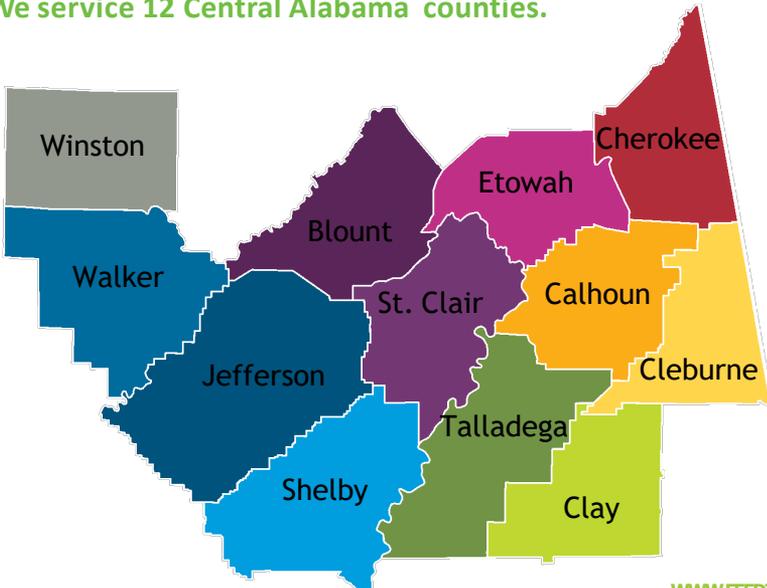
Research, however, shows that many families are increasingly relying on food pantries as a part of their long-term strategy to put food on the table. For 35 years we have led community efforts to provide food to these struggling families in Central Alabama.



HOW WE HELPED IN 2017



We service 12 Central Alabama counties.



AGENCIES

259 Agencies



Agency Partners

In 2017, our agencies distributed **12,685,427 pounds** of food and fed over **675,000 neighbors** in need.



## Equipment Library

In a recent survey of our agency network, over 50% of the agencies with a high interest in increasing produce distributions cited lack of refrigerated storage as the chief obstacle to achieving this goal. This same survey revealed that agencies desiring to provide greater quantities of frozen foods were similarly limited by lack of freezer space capacity. In 2017, a Walmart Foundation grant allowed the Food Bank to purchase equipment such as refrigerated trailers for transporting donations, coolers and freezers for storing and distributing fresh product, and scales for weighing food donations. This equipment was loaned to several of our partner agencies so that they could safely collect, transport, and store perishable goods to better serve our neighbors in need with nutritious produce, meats, and dairy products in addition to dry goods.



"Our clients are very happy to be receiving fresh fruit and produce weekly, thanks to the refrigerated cooler that's able to keep these items fresh," said Jeanette Walker, Director of Ministries of Deliverance, one of our partner agencies that received equipment provided by the Walmart Foundation grant.

The Equipment Library program provides agencies with the tools needed for the direct pick-up of donations from retail stores, allowing the Food Bank's limited fleet to pick up additional donated foods from more retailers.

2017 ANNUAL REPORT

GREEN GOALS: Food Rescue Program

It is estimated that more than 800 million pounds of wholesome food is thrown away by grocery stores in the United States every year. The Community Food Bank of Central Alabama partners with local grocery stores to prevent these fruits, vegetables, meats, and dry goods from being needlessly discarded.

Five days a week our fleet of refrigerated trucks picks up food donations from **over 100 local grocers**. We work closely with each grocery store's staff to teach them how to donate close-to-code food that is no longer shelf-worthy but still healthy and wholesome.

Food Bank staff and volunteers then inspect and sort all donations to ensure food safety prior to distribution. The program saves millions of meals from going to waste in landfills and instead feeds thousands of our region's most vulnerable residents.

**This year the Food Bank and our retail grocery store partners saved more than 5.9 million pounds of food from going to waste.** Instead these wholesome foods provided over 4.9 million meals to feed neighbors at risk of hunger across Central Alabama.



# Whole Foods

*“As part of our core values, we are delighted to serve and support our local neighborhoods. Ensuring that quality, perishable food doesn't go to waste and instead gets to Alabamians who need it, is the mission of our perishable recovery program. I am proud and honored our team members have the opportunity to give back to our local community members.”*



Left: Jason Stonicher, Whole Foods Store Manager



## KIDS MEAL CAMPAIGN

In our region, more than 76,000 children lack sufficient nutritious food to grow, thrive and achieve – more than the population of Homewood, Bessemer and Anniston combined. Food insecurity exposes these children to the risk of delayed cognitive development, behavioral problems, and diet-related diseases. Our Kids Meal Campaign offers a continuum of interconnected services to ensure that all children have year-round access to healthy food choices.

### Weekenders Backpack Program

Free and reduced price school meals sustain thousands of children in Central Alabama during the week, but what happens to these students over the weekend? After receiving reports from teachers about children arriving to school hungry on Monday mornings, we launched the Weekenders Backpack program that provides weekend meal kits to children on Fridays so they arrive to school Monday ready to learn without the distraction of hunger.



72,237  
weekend  
meals

served to  
1,027  
kids

This food really

Helps me & my family. My younger siblings love the food. My Backpack feels like a full stomach. Never hungry nor thirsty.

## Weekenders Family Market



Through surveys we discovered 95% of children in the Weekenders Backpack Program were sharing their meal kits with siblings or parents. **Weekenders Family Market program is a food pantry on wheels that delivers fresh fruits, vegetables, and other staples to entire families** referred to the program by school principals. It is open at convenient times when parents are picking up or dropping off their children at school. We piloted **8 school pantries** in St. Clair and Blount Counties. This innovation helped us serve more children with healthier food options and strengthened relationships between parents and school administrators. In our first semester, **we provided 97,796 meals to 2,401 individuals.**

**117,355 pounds of food distributed at Family Markets in 2017**



## Summer Meals

The Food Bank's Summer Meals Program provides healthy breakfasts, lunches, and snacks to kids throughout the months of June and July, ensuring they have year-round access to the nutritious foods they need for strong bodies and curious minds. In 2017, we partnered with 8 sites to provide free, wholesome meals to more than 1,100 children in three counties every day. Together, we're helping to prevent summer learning loss—and making sure kids can focus on just being kids this summer! We are also working with Alabama farmers to include fresh, locally-grown produce such as watermelon, blackberries, and sweet potatoes in the Summer Meals menu. For some kids, this was their first time trying a fresh blackberry, and they LOVED it!

**8 sites**  
**1,132 kids**  
**51,468 meals**



## MOBILE FRESH

Our Mobile Pantries deliver fresh fruits, vegetables, and other healthy staples to communities where low-income residents have limited transportation, high rates of diet-related diseases, and no access to charitable feeding programs within the neighborhood's borders.

This year we provided **142,472 meals** to 4,360 seniors, neighbors, and family members in need through this mobile service to three communities in Tarrant, Montevallo, and Oneonta. This effort would not be possible without the generous support of the Junior League of Greater Birmingham, BBVA Compass, and Mountain Pointe Ministries volunteers.

**3 SITES OPERATED**  
**EVERY MONTH IN**  
**TARRANT,**  
**MONTEVALLO, &**  
**ONEONTA**



## MOBILE FRESH

The food bank launched the Corner Market last August of 2017 to provide healthy, affordable food to low-income families, disabled people, and senior citizens living in neighborhoods without full-service grocery stores. The market serves as a grocery store on wheels. Customers file through the single aisle of the 24-foot trailer browsing through fresh fruits and vegetables, lean meats, dairy products, pasta, bread, and other food items. Currently, the Corner Market makes twice monthly visits in Pratt City, Quinton, Tarrant, and Sipsey.

While waiting to get inside the trailer to shop for groceries, customers can take advantage of other on-site services. Representatives are on hand to provide health screenings, information about SNAP benefits, Medicare Savings Programs, Farmers' Market vouchers, and other services. There are also educational cooking demonstrations that offer customers tips on how to prepare nutritious meals for their families.

In a typical month, about 150 people shop at the market, and the food bank plans to extend that reach by adding additional stops as it becomes feasible.

For Glenda Williams, stopping by the local supermarket is not as easy as it sounds. But since a mobile grocery store first rolled into her neighborhood, Williams said it has made all the difference.

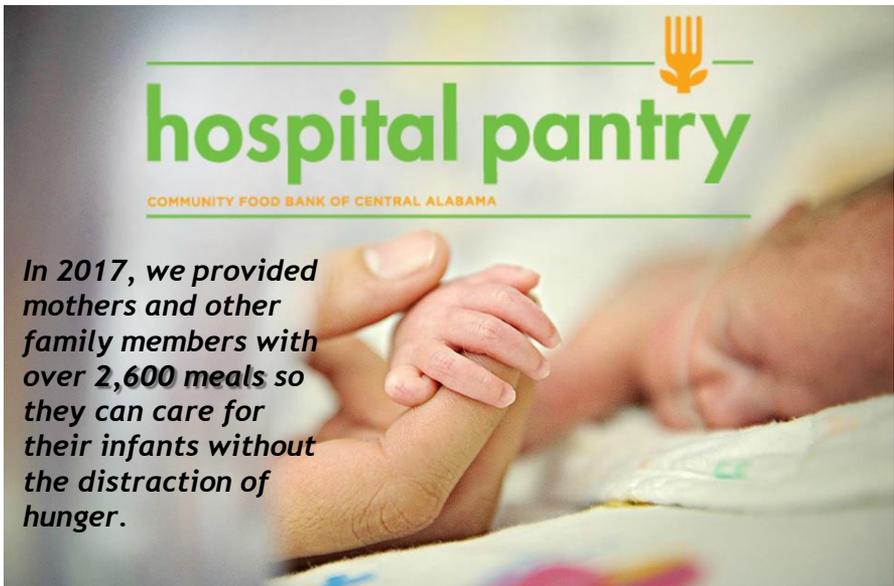
“By me not having a car, it’s more convenient, for one thing. For another, I like the prices of the food, and everything is so fresh. The people who run the market are so nice and friendly and helpful. That’s what I really like about it.”



## RX HEALTH

In our RX Health program, we partner with medical providers to serve families facing catastrophic illnesses who cannot afford hospital guest meals. For example, we have established charitable food pantries within neonatal intensive care units in order to provide nutritious meals to under-nourished mothers of critically ill infants.

What many people do not realize is that babies born premature spend on average **16 weeks in intensive care**. While children are under the hospital's care, parents are responsible for their own meals. The average cost of a well-balanced meal at a hospital cafeteria is \$24.00 a day. Due to these high costs, many mothers often go without eating.

The image features a logo for 'hospital pantry' in green lowercase letters, with a stylized orange fork icon above the word 'pantry'. Below the logo is the text 'COMMUNITY FOOD BANK OF CENTRAL ALABAMA' in orange. The background of the graphic is a photograph of a mother's hands gently holding her newborn infant's hands. The mother's face is partially visible in the background, looking down at the baby.

*In 2017, we provided mothers and other family members with over 2,600 meals so they can care for their infants without the distraction of hunger.*

Providing an on-site pantry enables mothers to spend more time with their infants during a critical time of mother-child bonding. The idea to begin a hospital pantry was created after NICU nurses noticed some mothers never left the ward to eat (or couldn't afford the hospital meals) and many were afraid to leave their children or ask for help. Patients are referred to the pantry by medical professionals and onsite social workers who recognize symptoms of food insecurity.

## ENDING SENIOR HUNGER



### 13,064 meals given to our seniors in need

In 2017, over 15,000 pounds of food were distributed through senior-specific programs. Additionally, 2,652 protein packs designed to meet special nutritional needs of seniors were distributed along with pantry staples and produce. Some of our Partner Agencies have also begun setting up pantry distributions just for them.

“I was a geriatric nurse – I visited people in their homes. I saw the need, oh Lord,” says Mary Swain, director of Christ Deliverance Food Pantry. That’s why she started this special senior day. “The seniors love [their special distribution day.] A lot of the seniors use walkers or have oxygen tanks. This way is safer, and we can serve them much faster. They also love getting together and talking. The protein packs are great too! It is easy for them to prepare and healthy for them because they don’t get a lot of protein because they cannot afford it.”



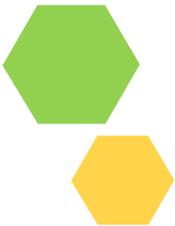
## SNAP OUTREACH

The Supplemental Nutrition Assistance Program (SNAP), formerly known as Food Stamps, ensures access to nutritious foods for our citizens. Our SNAP Outreach Program works with community organizations and volunteers to reach households struggling with hunger who qualify for SNAP but face barriers to beginning the application process. Improving SNAP participation among eligible families allows food bank agencies and community organizations to direct more resources to food insecure households that are just above the SNAP qualification threshold. SNAP Outreach staff coordinate services at local organizations with clients needing food assistance, providing general SNAP information, as well as in-person assistance with the application process. The SNAP Outreach Program uses a variety of avenues for outreach, including health fairs, agency food distributions, direct mail initiatives, and mobile pantries. In 2017 SNAP Outreach held over 183 events throughout 12 counties, collecting 624 SNAP applications for a yield of 546,891 meals to food insecure individuals.

The SNAP Outreach Program expanded its services to provide additional service through a Benefits Enrollment Center (BEC) allowing low-income seniors and persons with disabilities to find and enroll in all the benefits programs for which they are eligible. By helping improve program participation, clients can have the opportunity to supplement their budget and put money towards necessities like prescriptions, insurance, and housing costs. Through the BEC, the SNAP Outreach Team will help seniors navigate the application process for the following benefits programs:

- SNAP, formally known as food stamps
- Medicare Part D Extra Help (or Low-Income Subsidy, LIS)
- Medicare Savings Programs (MSP)
- Low-Income Home Energy Assistance Program (LIHEAP)
- Senior Farmers Market Nutrition Program (SFMNP)

In 2017 the BEC screened 423 seniors and assisted with 241 enrollments of additional services.



FINANCIALS: FY 2017

SUPPORT AND REVENUE	UNRESTRICTED	TEMPORARILY RESTRICTED	TOTAL
CONTRIBUTIONS	\$901,163	\$541,435	\$1,442,598
UNITED WAY	\$365,340		\$365,340
GRANTS AND CONTRACTS			
USDA Food Commodities	\$2,416,561		\$2,416,561
USDA Warehouse/Distribution Support	\$298,385		\$298,385
PROGRAM SERVICE FEES	\$48,604		\$48,604
SPECIAL EVENTS, NET	\$1,476,133		\$1,476,133
INTEREST INCOME	\$9,279		\$9,279
SATISFACTION OF RESTRICTIONS	\$666,957	\$(666,957)	
<b>TOTAL SUPPORT &amp; REVENUE</b>	<b>\$6,182,422</b>	<b>\$(125,522)</b>	<b>\$6,056,900</b>

EXPENSES	UNRESTRICTED	TEMPORARILY RESTRICTED	TOTAL
COMMODITY DISTRIBUTION	\$4,682,101		\$4,682,101
MANAGEMENT & GENERAL	\$178,909		\$178,909
FUNDRAISING	\$164,709		\$164,709
<b>TOTAL EXPENSES</b>	<b>\$5,025,719</b>		<b>\$5,025,719</b>
CHANGE IN NET ASSETS	\$1,156,703	\$(125,522)	\$1,031,181
NET ASSETS, BEGINNING OF YEAR	\$2,752,533	\$364,733	\$3,117,266
NET ASSETS, END OF YEAR	\$3,909,236	\$239,211	\$4,148,447

## GROCERY STORE FOOD DONORS

### OVER 150,000 POUNDS

Publix DC  
Sam's Club#8247  
Sam's Club#8212  
Walmart#809  
Sam's Club#4836  
Sam's Club#4724  
Walmart#301  
Walmart#3271  
Walmart#4817  
Walmart#730

### OVER 100,000 POUNDS

Walmart#2111  
Walmart#562  
Walmart#1229  
Walmart#4330  
Walmart#3386  
Walmart#1201  
Walmart#315

### OVER 50,000 POUNDS

Walmart#287  
Walmart#4497  
Walmart#5262  
Walmart#423  
Publix #1508  
Walmart#1711  
Publix #1476  
Walmart#409  
Walmart#5113  
Walmart#329  
Publix #1200  
Walmart#4580  
Walmart#2713  
Walmart#762  
Target- Inverness  
Aldi's #72  
Walmart#4504  
Walmart#4756  
Walmart#4189

### OVER 15,000 POUNDS

Walmart#5100  
Walmart#1158  
Publix #1391  
Target-Hoover  
Walmart#432  
Walmart#3184  
Publix 1370  
Publix#1420  
Publix#1085  
Publix#1545  
Walmart#3424  
Sprouts #482  
Walmart#2723  
Walmart#764  
Publix #1069  
Walmart#5126  
Publix #1281  
Walmart#1482  
Publix #1512  
Publix #841  
Publix#1059  
Publix#1082  
Publix #838  
Publix #1073  
Publix #842  
Publix#1074  
Walmart#300  
Walmart#316  
Publix #882  
Publix #1202  
Publix #165  
Whole Foods#10629  
Publix#1065  
Target#2796  
Trader Joe's#737  
Winn-Dixie#525  
Winn-Dixie#400  
Publix #1206  
Winn-Dixie #445

### Over 10,000 POUNDS

Target – Fultondale  
Publix#1207  
4<sup>th</sup> Ave. Supermarket  
Winn-Dixie#509  
Winn-Dixie#462  
Target – Oxford  
Target #2375  
Publix #839



## CORPORATE GROUPS AND FOUNDATION DONORS

### \$25,000 +

United Way of Central Alabama  
Feeding America  
Publix Supermarkets, Inc.  
Publix Super Markets  
Charities, Inc.  
Enterprise Holdings Foundation  
Community Foundation of  
Greater Birmingham  
Community Foundation of  
Northeast Alabama

### \$10,000-\$24,999

JLB Beeson Community Fund  
Wells Fargo Foundation  
Alabama Power Foundation, Inc.  
Regions Bank  
Alabama Business Charitable  
Trust Fund

### \$5000 - \$9999

Junior League of Birmingham  
Norfolk Southern Foundation  
Blue Cross Blue Shield of Alabama

### \$1,000 - \$4,999

The Woodforest Charitable  
Foundation  
Tenet Health  
The Chicken Salad Chick  
Foundation, Inc.  
Homewood Church of Christ  
Macy's, Inc.  
Socius Foundation  
Southern Research  
Lambda Chi Alpha Sigma-Chi  
Zeta  
Walmart Corporate Giving  
Disc Golf Birmingham, Inc.  
Baptist Church of the Covenant  
Causecast Foundation  
DST Systems, Inc.  
Princeton Baptist Medical Center  
LPL Financial  
AAPNA  
Vestavia Hills Baptist Church  
New Pilgrim Mission  
The CarMax Foundation  
Discover Financial Services  
Morgan Stanley  
Aerosol Dynamics NJB Inc.

### \$100-\$999

Pappas Restaurants, Inc.  
Piedmont Benevolence Center  
Cory Watson, P.C.  
House Consultants, Inc.  
Steel City Pops  
Quest Diagnostics  
Merrill Lynch, Pierce, Fenner, & Smith  
Inc.  
CentiMark  
United-Johnson Brothers of Alabama,  
LLC  
Arby's Foundation, Inc.  
DST Health Solutions, LLC  
United Way Suncoast  
The Frank & Fred Friedman Family  
Foundation  
Alabama Power Service Organization  
First Baptist Church of Pinson  
PGA Tour Charities, Inc.  
Brookwood Baptist Medical Center  
Stephen Bradley & Associates  
New Directions Behavioral Health  
Covenant Sales  
United Way of Greater Toledo  
Crestline Cumberland Presbyterian  
Church  
Saw's Street Kitchen LLC  
Motion Industries, Inc.  
Dreamcakes Bakery  
3 Badge Beverage- International Wines  
LaPlante, Merritt, Faulkner & Clay, LLC  
Cadence Bank  
AREA  
Law Office of Annette T. Ruff, LLC  
The Coggin Firm, LLC  
Kiwanis Club of Birmingham  
VIVA Health Plan  
Lewis, Feldman & Lehane, LLC  
Birmingham Optimist Youth Foundation  
Alabama Controls, Inc.  
Valley Christian Church  
Oak Street Garden Shop



**BOARD OF DIRECTORS**

Mr. George W. Bradford, *President*

Mr. David Wilson, *Vice-President*

Mrs. Mary Alice Kline, *Treasurer*

Mrs. Ellie Taylor, *Secretary*

Mr. David Bell

Mr. R. Ed Goodwin, III

Mr. Everett Holle

Dr. Elicia Jacob

Mr. William Owens

Mr. F. Wayne Pate

Mr. David Wood

**CHAIRMAN'S CIRCLE**

Mr. Terry Smith

Mr. William C. Wood



## AGENCY ADVISORY COUNCIL MEMBERS

Blount County	<b>Katrinka Bryant</b> (Mountain Pointe Ministries)
Calhoun County	<b>Judy Papic</b> (Cornerstone Worship Center)
Cherokee County	<b>Cindy McGinnis</b> (Family Care Center)
Clay County	<b>Dr. George Beale</b> (Ashland First UMC)
Cleburne County	<b>Nancy Waters</b> (Reaching Out International)
Etowah County	<b>Alexcia Hembree</b> (Christ Central Church)
Jefferson County	<b>Pamela Williams-Osborne</b> (Faith Chapel) <b>Stephanie Landry</b> (Green Valley Baptist Church) <b>Gerry L. Glaze</b> (St. Paul Lutheran Church) <b>Barbara Carlton</b> (Salvation Army City Command) <b>Victoria Rudolph</b> (New Pilgrim Baptist Church) <b>Rosemary Dallam</b> (Bluff Park UMC) <b>Roxanne Agerston</b> (Rebirth Christian Fellowship) <b>Leigh Ann Sisson</b> (Avondale Samaritan Place)
Shelby County	<b>Ken Stroup</b> (Alabaster Church of God) <b>Jerry Campbell</b> (Love in Action)
St. Clair County	<b>Dawn Ellard</b> (Shepherd Supply)
Talladega County	<b>Marsha Martin</b> (Lincoln Food Pantry) <b>Jim Jones</b> (Alabama Childhood Food Solutions) <b>Mary Swain</b> (Christ Deliverance Christian Center)
Walker County	<b>Peggy Wall</b> (Christian Place Mission/Nauvoo UMC) <b>Martha Warren</b> (Feed My Sheep) <b>Billy Gilliland</b> (Dilworth Church of God)
Winston County	<b>Jim Baird</b> (Main Street Ministries)

## ADMINISTRATION

**Kathryn Strickland**  
*Executive Director*

**Deb White**  
*Director of Agencies & Programs*

**Elizabeth Wix**  
*Director of Partnerships*

**Andrea Brown**  
*Business Manager*

**Jon Barnacastle**  
*Programs Coordinator*

**Shalitha McLean**  
*Volunteer Coordinator*

**Jessica Taylor**  
*Food Donor Coordinator*

**Graham White**  
*Partner Services Coordinator*

**Melvin Griffin**  
*Volunteer Coordinator*

**Kristina Habchi**  
*Agency & Programs Coordinator*

**Josh Matthews**  
*Food Sourcing Coordinator*

**Pamela Williams-Osborne**  
*Agency Relations Coordinator*

**Aoife Dowd**  
*Child Hunger Corps Member*

**Eva Trinh**  
*Evaluation & Grants Specialist*



## OPERATIONS

**Wayne Linder**  
*Director of Operations*

**Robbie Pine**  
*Assistant Director of Operations*

**Harold Holston**  
*Inventory Control Manager*

**Barry Washburn**  
*Salvage Coordinator*

**Dennis Baldwin**  
*Warehouse Associate*

**Gerald Cumbie**  
*Warehouse Associate*

**Tommie Frazier**  
*Warehouse Associate*

**Donald Hardwick**  
*Warehouse Associate*

**Darrell Paige**  
*Warehouse Associate*

**CeDrico Huggins**  
*Warehouse Associate / Driver*

**Mike Tall**  
*Warehouse Associate / Driver*

**Howard Burnett**  
*Driver*

**Rickie Carter**  
*Driver*

**Bobbie Delander**  
*Driver*

**Mario Dorsey**  
*Driver*

**Ronnie Harbison**  
*Driver*

**Larry Kotlik**  
*Driver*



Partner Agency of:



United Way  
of Central Alabama, Inc.





**107 Walter Davis Drive  
Birmingham, Alabama 35209**